

Fun in the Sun

Barshaw Park, Paisley



Healthy fun for children for an hour or so on a Tuesday and Thursday mornings

From 11am to 12.30 pm in Barshaw Park from 7 July

The activities include fun warm ups, running games, relays & ball games.

If the weather is warm we may have some splish splash fun with
water bombs & wet sponges !

We also have some retro fun with peever games (hopscotch),
girds & cleeks, whips & peeries & skipping.

Parents welcome

The sessions are open to all children over 5 years of age.

The cost is £2.00 per family per week. Includes refreshments.

Registration

Name : _____

Address : _____

Post code : _____ Tel : _____

E mail : _____

Post to :-Jogging Buddies Active Families, Barshaw Park, Dalmary Drive, Paisley PA1 3TL

Cheques payable to "Jogging Buddies "

Or call us to register a place.

www.joggingbuddies.co.uk

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